



US Soo Bahk Do Moo Duk Kwan® Region Ten Championships & Festival Saturday, March 13

La Conner Middle School, 305 N. 6th St. La Conner, WA

- ❖ On-site registration: 7:00 am
- ❖ Competition: 8:00am – Noon
- ❖ T.A.C. Clinics: Online Registration and Agenda to follow

<http://soobahkdo.editme.com/NationalTACSeminarTour2010SpringR10>

Spectators Welcome!
Free Admission
Enter to win free lessons

Student Information

Name: _____ Federation ID: _____ Rank: _____

Do Jang: _____ Age: _____ Gender: _____ email: _____

Address: _____ Telephone No. _____

Tournament Registration

I will be participating in the following event(s) (please check all that apply):

- Hyung (Form) Dae Ryun (Sparring)

Division: _____ (See division categories on the reverse side of this form)

Tournament Pre-Registration Fee: \$30 for one event or \$35 for two events

On-Site Registration Fee: \$45 for one event or \$50 for two events

T-Shirt Order

Yes! Please reserve my shirt! Please list size (adult S*M*L*XL*XXL or child S*M*L) and quantity of each.

T-Shirt _____ \$15.00 Long sleeve T _____ \$18.00 Hooded Sweat shirt _____ \$25.00

Shirts are pre-ordered & pre-paid. Shirt orders postmarked after 2/15/10 will incur a \$10 per shirt shipping and handling fee.

Payment Information, Deadline & Help

Please make check or money order payable to Region Ten Dan Fund.

Mail to: Anacortes SBD, 2117 O Avenue, Anacortes, WA 98221

Payment and registration/order form should be received no later than March 8, 2010.

T-Shirt pre-orders due February 15, 2010 - postmark (to avoid \$10 shipping & handling fee).

Questions? Please call Colette or Andy Arvidson 360-637-4755 or email:

R10@soobahkdo.com

Clinic Registration - Agenda, Details, and Online Registration to follow.

Special Clinics Saturday Afternoon presented by the Technical Advisory Committee.

Additional sessions tentatively planned for Instructors and Ko Dan Ja (Friday & Sunday).

- Reserve my place for the clinics. Separate check for \$64 payable to USSBDMDK enclosed.

[If Registering onsite, the fee is: \$84]

I hereby submit my application for registration in the Region Ten Annual Championships Hyung/Sparring Event(s). I have read and signed the waiver located on the back of this form and agree to all provisions found therein.

Participant Signature _____ Date _____

Parent/Guardian Signature (for participants under 18) _____ Date _____

Divisions for Hyung and Dae Ryan Competitions

Mini Pee-Wee (5-6)

White belts
Orange belts
Green belts

Pee-Wee (7-9)

White belts
Orange belts
Green belts
Red belts
Dan

Mini Juniors (10-12)

White belts
Orange belts
Green belts
Red belts
Dan

Junior (13-16)

White belts
Orange belts
Green belts
Red belts
Dan

Adult (17-35)

White belts
Orange belts
Green belts
Red belts
Dan

Seniors (36-49)

White belts
Orange belts
Green belts
Red belts
Dan

Golden Seniors (50+)

White belts
Orange belts
Green belts
Red belts
Dan

All Divisions will be divided between men and women when possible.

Amateur Athletic

1. Adult Waiver and Release of Liability OR

2. Minor Waiver and Release of Liability

In consideration of being allowed to participate in any way in the UNITED STATES SOO BAHK DO MOO DUK KWAN® athletics/sports program and related events and activities, the undersigned:

1. Agrees that the parent(s) and/or legal guardian will instruct the minor participant that prior to participating he or she should inspect the facilities and equipment to be used, and if the participant believes anything is unsafe, he or she should immediately advise his or her instructor of such condition(s) and refuse to participate.
2. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions or inactions or negligence of others, the rules of play, or the condition of premises or any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.
3. Assume all foregoing risk and accept personal responsibility for damages following such injury, personal disability or death.
4. Release, waive, discharge and covenant not to sue UNITED STATES SOO BAHK DO MOO DUK KWAN®, LA CONNER SCHOOL DISTRICT and it's affiliated clubs, their respective administrators, directors, agents, coaches and other employees of organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "releases" from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of injury, including death or damage to property, cause or alleged to be caused in whole or in part by the negligence of the releases or otherwise. WE HAVE READ THE ABOVE WAIVER AND RELEASE, UNDERSTAND THAT WE HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT VOLUNTARILY.

1. Printed Name of Adult Participant: _____
Signature _____ **Date:** _____ **OR**

2. Printed Name of Minor Participant (under 18 years of age): _____
Signature: _____ **AND**
Signature of Parent/Guardian of Minor Participant
(REQUIRED): _____ **Date:** _____